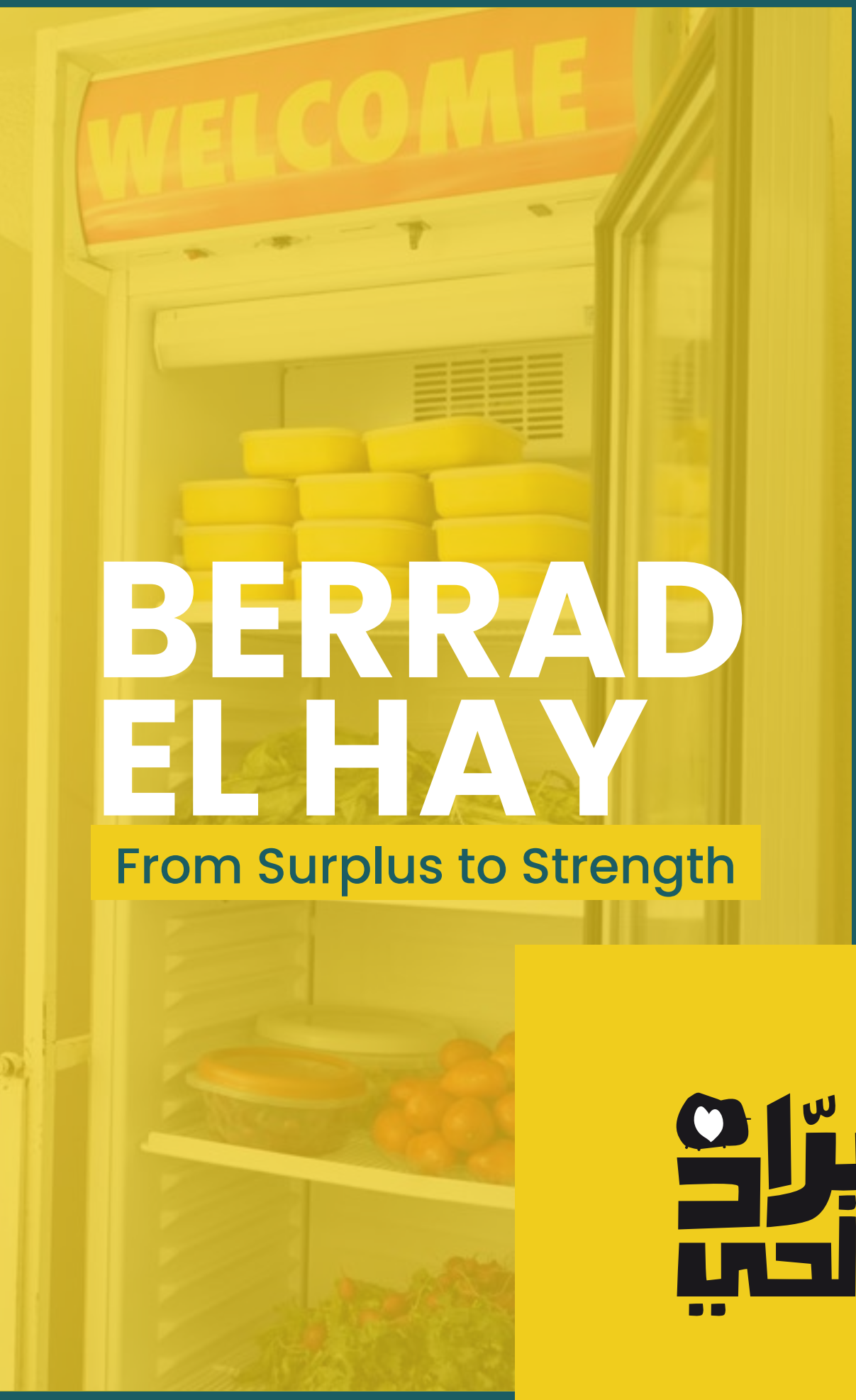


BERRAD EL HAY

From Surplus to Strength

2025 Annual Report

From Surplus to Strength

In 2025, Berrad El Hay entered a defining new chapter.

What began as a simple act of solidarity, sharing surplus food with neighbors in need, has grown into a national movement rooted in dignity, accountability, and community trust.

Across Lebanon, families continue to face food insecurity, rising costs, and deep uncertainty. At the same time, thousands of meals are wasted every day. Berrad El Hay exists to bridge this gap,transforming surplus into nourishment, and compassion into organized action.

This year was marked by growth in both scale and responsibility.

Our programs expanded.
Our systems strengthened.
Our partnerships deepened.
Our commitment to transparency matured.

From nourishing children every morning, to rescuing high-quality meals from events, to providing discreet access through community fridges, 2025 demonstrated what is possible when care is paired with structure.

This report tells the story of that collective effort,through numbers, partnerships, and human experiences, and reflects our belief that no family should be left hungry, and no food should be wasted.

Above all, it is a tribute to a community that chooses action over indifference, and hope over resignation.



Table Of Content

01 Founder’s Letter 5

02 Who We Are 6

03 2025 at a Glance 9

04 Governance & Accountability 18

05 Looking Ahead 21

06 Closing and Gratitude 23

01

Message from the Founder & President



A Year of Responsibility, Resilience, and Collective Strength

Dear Friends,

As I reflect on 2025, I do so with deep gratitude. What began as a grassroots act of solidarity has grown into a structured, nationally recognized organization serving thousands of families across Lebanon.
This year marked a significant step forward. Our Food Rescue operations expanded substantially. Our Community Fridges became true anchors of neighborhood solidarity. Our Fill Their Lunchboxes program evolved into a high-impact, high-frequency intervention supporting children in the most vulnerable public schools. At the heart of it all, Matbakh El Hay continued to serve as the operational and emotional core of our work.

With growth comes responsibility. In 2025, we strengthened our systems, deepened partnerships, and reinforced transparency and accountability across all operations. We also expanded our engagement with schools, youth communities, and university interns, investing in the next generation of changemakers.

None of this would be possible without our network of volunteers, donors, schools, and partners who share one fundamental belief:
No one should go hungry, and collective action creates lasting change.

As a mother and a firm believer in the power of community, I am reminded every day that what we are building is not only for today, but for generations to come.

With gratitude and hope,
Nayla Frem Sayegh



02

Who We Are



Our Mission

Berrad El Hay works to reduce food waste and fight hunger by rescuing surplus food and redistributing it safely and responsibly to vulnerable communities across Lebanon.
We believe that access to nutritious food is a fundamental right, and that solidarity is the strongest response to crisis.

Our Vision

A Lebanon where no edible food is wasted, no family goes hungry, and communities support one another with dignity and respect.

Our Values

Driven by respect, transparency, partnership, effectiveness, and long-term impact, we support every individual with care, operate openly, work hand in hand with our community, use resources wisely, and create meaningful change that lasts.

Dignity — Every person is treated with respect, always
Accountability — Full transparency in operations and impact
Collaboration — Trust-based partnerships at every level
Efficiency — Maximizing the value of every resource
Sustainability — Long-term impact beyond immediate relief

How we work



We operate through a structured, traceable system:

Food surplus is rescued → inspected → repurposed → safely distributed

Distribution channels include:

Community fridges | Public schools | Partner NGOs

Every step follows strict hygiene, safety, and traceability standards.

Our commitment to the SDG



Our work directly supports:

- SDG 1 (No Poverty)
- SDG 2 (Zero Hunger)
- SDG 3 (Good Health and Well-being)
- SDG 4 (Quality Education)

ensuring that food relief translates into broader human development.



03

2025 at a Glance

03 2025 at a Glance

Our Impact in One Year

In 2025, Berrad El Hay reached its highest level of impact to date.

Each number represents a life supported.



44,711

Meals distributed via Community Fridges



26,167

Meals donated by community cooks



8,115

Meals rescued from food waste



10,429

Meals prepared in our central kitchen



34,776

School Lunchboxes distributed



300+

Active volunteers



11+

Regions across Lebanon

Our Reach

Berrad El Hay operated through a decentralized network of schools, community centers, NGOs, and religious institutions across:
Achrafieh · Nabaa · Bourj Hammoud · Sin El Fil · Furn El Chebbak · Ras El Nabeh · Haret Sakher · Ajaltoun · Adma · Shaile and surrounding areas.



Our Programs

Four integrated programs ensure that food is rescued, prepared safely, and distributed with dignity. Together, they form a complete system, from collection to plate.

A. Community Fridges

For many families, asking for help can be difficult. Community Fridges provide discreet, dignified, and open-access support, transforming public spaces into hubs of solidarity.

2025 Impact



44,711

Meals distributed



21,183

Meals donated by the community



3

Community fridges



2,200

Desserts donated by the community

How do we fill our fridges?

- Community-prepared meals
- Central kitchen production
- Restaurant and caterer donations
- Rescued food from grocery shops, supermarkets and events
- Dessert donations from Sweet Tuesday group

> I donate because I see exactly where my contribution goes. That transparency builds trust.
>
> *Maria, Donor, ND Secours Center*

B. Food Rescue Program

In a country facing severe economic hardship, wasting edible food is unacceptable.

Our Food Rescue Program transforms surplus into sustenance by collecting food from restaurants, caterers, and events, and redistributing or repurposing it.

2025 Impact



69

Collection trips



8,115

Meals rescued



118

Meals per trip (average)

Our Partners

Restaurants & Bakeries

Bake Lab · Vol Playground · Like Sweet · Leila · Tavolina · Golden Star · Mie Dorée · Boulangerie Saint Vincent de Paul · Roadster Diner · Snack Georgio · Kheirallah Bakery · Achrafieh Supermarket · Spinneys · Happy · Grab & Go · La Vie Claire · Wej El Sahara · Bonsoir Bonsoir

Caterers

Carma · Cuizina · Cat & Mouth · Bluemz · Dalia Catering · Faqra Catering · Tailor Kit · De l'Amitié Catering · Audi Catering · Bob Dagher · Saveurs du Monde · Saveurs Plus

C. Fill Their Lunchboxes (FTLB)

Hunger is a silent barrier to education.

Through FTLB, we ensure children arrive at school nourished, focused, and ready to learn.

2025 Impact

34,776
Lunchboxes distributed

~970
Per week

4
Distributions per week

6–12
Age target

Each lunchbox includes:

- Sandwich
- Fruit or vegetable
- Juice or water
- Healthy snack



Strategic Impact

The program focuses on high-vulnerability public schools, improving:

Concentration

Attendance

Emotional well-being

Partners & Coordination

In close coordination with the Ministry of Education, Berrad El Hay identified schools most in need. Institutional grants from La Coopération Monégasque au Liban, Give a Child a Brighter Future and Bel Picon sustained the program's expansion.

Private school partners contributed through bake sales, fundraising, and student kitchen volunteering, creating meaningful solidarity while raising awareness about food waste and responsible consumption.

School Partners:

Saints-Cœurs Sioufi · Saints-Cœurs Ain Najem · Sacré-Cœur Hadath · Sacré-Cœur Gemmayzé · SABIS International School Adma · International Antonine School (IAS) · International College · French Section Ain Aar · International College, English Section Ras Beirut · American Community School of Beirut (ACS), Hamra · Lycée Montaigne · Collège Protestant Français (CPF) · Collège Saint-Sauveur, Jeita · Collège Notre-Dame de la Sainte-Famille, Sahel Alma



> Sometimes I came to school without food and felt different from everyone else. Now I feel included, and I can concentrate and enjoy my day like my friends.
>
> *Naim, student, Public School Partner*

D. Matbakh El Hay

Matbakh El Hay is more than a kitchen, it is the operational, social, and human heart of Berrad El Hay.

Here, volunteers, staff, and partners:

- Transform rescued food into nutritious meals
- Build skills
- Strengthen community bonds

2025 Impact



10,429

Meals produced



12,472

Meals processed from rescued food



900

Terwi2et Zaher boxes distributed

Beyond Food

Matbakh El Hay also serves as:

- A training hub
- A CSR engagement platform
- A university internship center

Our Partners

Scouts Saints-Cœurs Sioufi · Scouts Ajaltoun · AUB · Youth Diaspora – NDU, USJ, USEK and the Lebanese University · UNICEF · Hôtel Dieu de France · Bank Audi · SOS Chrétiens d'Orient · MetLife

> What we experienced at Matbakh El Hay goes beyond volunteering, it is a deeply human experience rooted in generosity, solidarity, and purpose.
>
> *Caroline, Volunteer*

> Volunteering here changed the way I see responsibility. It's not about charity, it's about belonging.
>
> *Hanane, Volunteer*

E. Seasonal & Social Events

Beyond food distribution, we create moments of dignity, joy, and connection.

In 2025, we organized targeted initiatives for:

- Ramadan
- Easter
- Mother's Day
- Christmas

These moments help reduce isolation and reinforce a sense of belonging.

Human Stories

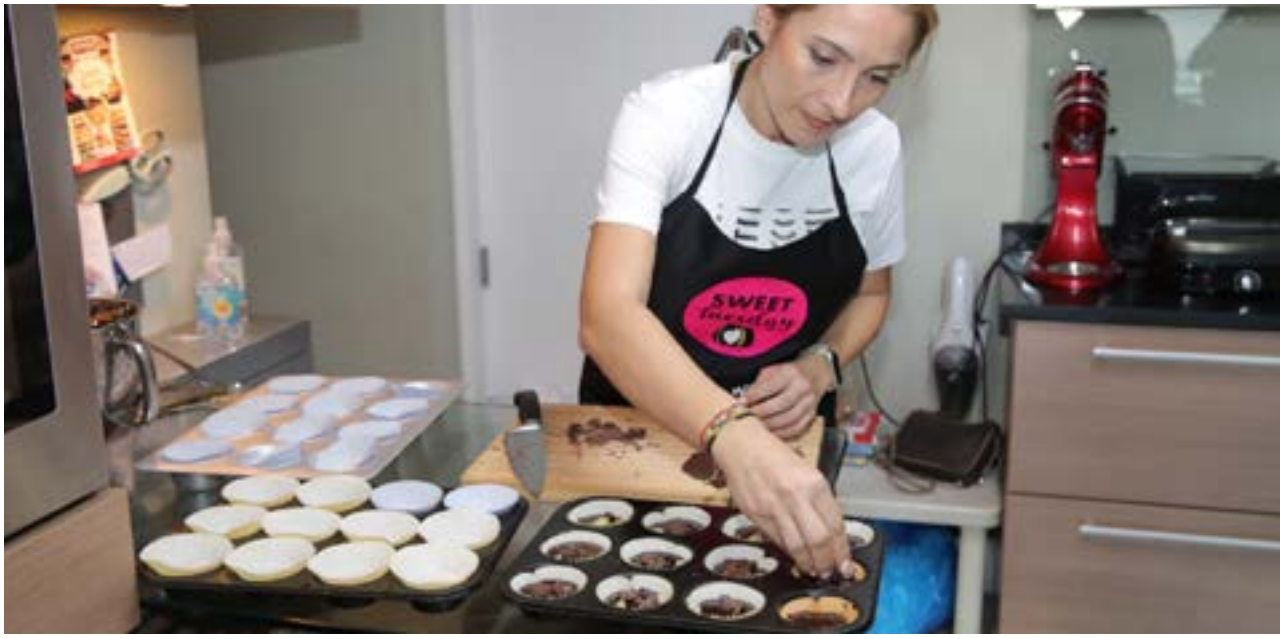
Behind every number is a human story.

From Beneficiary to Donor — The H Family

Once in need of support, the H family gradually regained stability. Today, they give back by donating meals weekly, a powerful reminder that dignity restored becomes generosity shared.

A Father's Love — The F Family

After losing his wife, home, and livelihood, a father of two young children struggled to provide basic meals. Through Berrad El Hay, he regained the means to provide home cooked meals for his children, restoring not only nourishment, but a sense of care and normalcy.





04

Governance & Accountability

04 Governance & Accountability

Trust is our most valuable asset.

In 2025, we strengthened:

Financial Stewardship

- Clear budget tracking
- Donor-specific reporting
- Separation of program and administrative costs



Ethics & Safeguarding

All operations follow strict ethical standards:

- Protection of beneficiary dignity
- No exploitation of vulnerability
- Consent-based storytelling
- Cultural sensitivity
- Data accuracy

These principles guide every decision.

Accountability in Practice

In 2025, enhanced systems led to:

- More stable budgets
- Improved financial traceability
- Clearer donor reporting
- Stronger internal controls
- Increased institutional credibility

Accountability is not a formality, it is a daily practice.





05

Looking Ahead

05 Looking Ahead

Growing with Purpose

The achievements of 2025 provide Berrad El Hay with a strong foundation for the future. Yet, the needs facing vulnerable communities in Lebanon remain profound.

In response, our commitment is clear:

To grow well ,not just to grow fast.

In the years ahead, we will focus on five priorities:

Scaling Food Rescue Responsibly

Strengthening partnerships, logistics, and cold-chain systems.

Protecting Children's Nutrition

Expanding and stabilizing Fill Their Lunchboxes through long-term support.

Deepening Community Engagement

Investing in youth leadership, volunteers, and local networks.

Strengthening Transparency & Systems

Advancing data, reporting, and governance tools.

Ensuring Financial Sustainability

Diversifying funding and building emergency reserves.

Through these priorities, we aim to expand our reach while preserving dignity, safety, and accountability.

Guided by our values, we move forward with clarity, discipline, and hope.
Fighting hunger is not only about food.

It is about:
•Restoring dignity • Strengthening communities •Building systems that last



06

Gratitude & Closing

06 Gratitude & Closing

Together, Always

Every achievement of Berrad El Hay in 2025 is the result of collective effort.

We extend our heartfelt thanks to:

Our Board of Directors
Our Donors and Supporters
Our Volunteers
Our Partner Schools
Our CSR and Corporate Partners
Our NGO and Institutional Partners
Our Food Donors
Our Community Leaders
Father Gaby Tabet
Jihane Dagher aka Maman Chocolat
And every individual who stood beside us

Your trust and generosity made our work possible.

From Surplus to Strength

As we close the chapter on 2025, we do so with gratitude and determination.

This year reaffirmed that fighting hunger and food waste is about more than meals. It is about restoring dignity, strengthening communities, and building reliable systems of care.

Through collaboration, transparency, and shared responsibility, Berrad El Hay transformed surplus into nourishment and compassion into action.

Together, we have protected dignity.
Together, we have strengthened hope.
And together, we will continue.

With gratitude and solidarity,
Berrad El Hay









SHARE THE LOVE



Thank You
OUR PARTNERS

Caterers

Restaurants & Bakeries

Schools and Universities Partners

Corporate Partners, Associations and Government Entities



Together, we protect dignity.
Together, we strengthen hope.
Together, we continue.

Contact Us

+961 76 461 018

www.berradelhay.org

Follow Us @

berradelhay

Berrad El Hay

berradelhay.org