ANNUAL REPORT 2023



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INTRODUCTION



We Work To Fight Hunger and Protect the Most Vulnerable From Poverty, One Neighborhood at a Time.

Berrad El Hay is a community-led project that aims to combat food insecurity, fight poverty and inequity, as well as reduce food waste.

Our model relies on purposeful partnerships with different neighborhood actors to maximize impact. Whether by distributing daily hot meals and desserts, volunteering at our community kitchen, or channeling unused food, leftovers, and close-to-expiry products to nourish those in need, this **COMMUNITY AFFAIR** has brought the people of our neighborhoods together.

Berrad El Hay, Arabic for "The Neighborhoods Fridge", is a Lebanese nonprofit, non-governmental organization registered in Lebanon under decree number 1188.

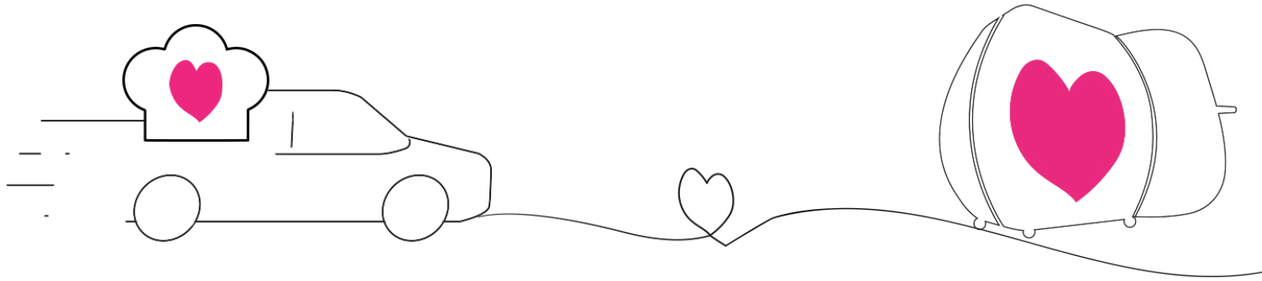
Berrad EL Hay is a registered 501(c)(3) charitable organization in the US.

Mission

Berrad El Hay is dedicated to fostering community solidarity and creating sustainable safety nets for vulnerable individuals and families, ensuring they live with dignity. We commit to fighting food waste by mobilizing diverse community actors to redirect leftovers unsold and close-to-expiry products. Through these efforts, we aim to protect our community from poverty, enhance neighborhood sustainability, and ensure the fulfillment of basic needs for all.

Vision

We strive for strong neighborhood solidarity where people come together to empower the most vulnerable to become active members of their communities.



Values

Solidarity
All for one and one for all.
Stronger together, we build the future of the neighborhood.

Non-discrimination
The neighborhood knows no discrimination. We are all equal without differentiation on any ground.

Respect
There is no communication without respect. We welcome and accept everyone for who they are.

Integrity
Integrity is having strong morals with everyone.

Humility
With humility comes honesty that builds trust and stimulates leadership.

LETTER FROM THE PRESIDENT



Dear Berrad El Hay Community,

As we reflect on the remarkable journey of Berrad El Hay throughout the past year, I'm filled with an overwhelming sense of gratitude for your unwavering support and dedication to our cause amidst the challenges faced by Lebanon. Your commitment to our initiatives and programs has been the driving force of our "COMMUNITY AFFAIR ♥", allowing us to make a meaningful impact on the lives of those in need.

I am proud to share that in 2023, together, we achieved extraordinary milestones. Through your generosity and our collective efforts, we distributed over 100,000 hot meals to the most disadvantaged in our neighborhoods and provided more than 40,000 lunchboxes to vulnerable schools, directly addressing the pressing issue of hunger and food insecurity among our community's most vulnerable members.

Moreover, our commitment to holistic well-being was further solidified by our initiatives focused on self-care, group sessions that encouraged social exchange and community building. The successful 10-day summer camp for 150 children was a testament to our shared commitment to nurturing and empowering the next generation.

Looking forward to 2024, our focus remains steadfast on enhancing our community of cooks and bakers, while also expanding our mission to redirect food waste, leftovers, close-to-expiry and unsold ones as a key pillar of our operations. We aim to increase our numbers, welcoming more passionate individuals and organisations to sustainability and waste reduction. This new direction will not only strengthen our internal systems and procedures but will also grow our community of partners.

This year, we are determined to expand our impact by involving schools in our fight against hunger through organized school drives and awareness programs, thus engaging our youth to be the catalyst for change.

As we continue this journey, let us unite in our commitment to making a difference in our neighborhoods. Together, we can build a stronger, more compassionate community.

With warmest regards and heartfelt thanks, 💛
Nayla



















2023 IMPACTFUL INITIATIVES

As we reflect on 2023, we are proud of **our series of impactful initiatives** that have left an incredible mark on our communities, and which reinforce our commitment to positive change.

Community Kitchen

At the heart of our mission lies Matbakh El Hay, a place where daily meals are prepared by the community for the community.

100,000+
Hot meals

520
Beneficiaries

5,200
Unsold products channeled to our fridges

3
Neighborhood fridges

St. John the Baptist Parish, Achrafieh - St. Michael Parish, Achrafieh - Notre Dame des Secours Parish, Haret Sakher.

Fill Their Lunchboxes

A weekly initiative that prepares and distributes healthy lunchboxes to underprivileged school children in our neighborhoods.

~40,000+
School lunchboxes

7
Neighborhood schools

1,250+
Underprivileged children

Meals on Wheels

We distribute meals in partnership with active NGOs on the ground that cover neighborhoods beyond our reach.

24,036
Meals to beneficiaries

6
Distant neighborhoods

Social Support

Our psychosocial team offers support and interventions addressing our beneficiaries' well-being and reinforcing their sense of self-respect and independence.

70
Referrals to partner NGOs

54
Home visits

10
Job opportunities created

623
Psychosocial assessments & support interventions

116
Group intervention delivered

Neighborhood Summer Camp

With the support of our partners KEAF and the Naggear family, our neighborhood summer camp (edition #2) created a nurturing environment addressing our children's developmental needs and supported them in building essential life skills and lasting friendships.

140
Children enrolled from across our neighborhoods

10
Day educational & recreational summer program delivered

20
Monitors

10
Volunteers

EXPRESSION OF GRATITUDE

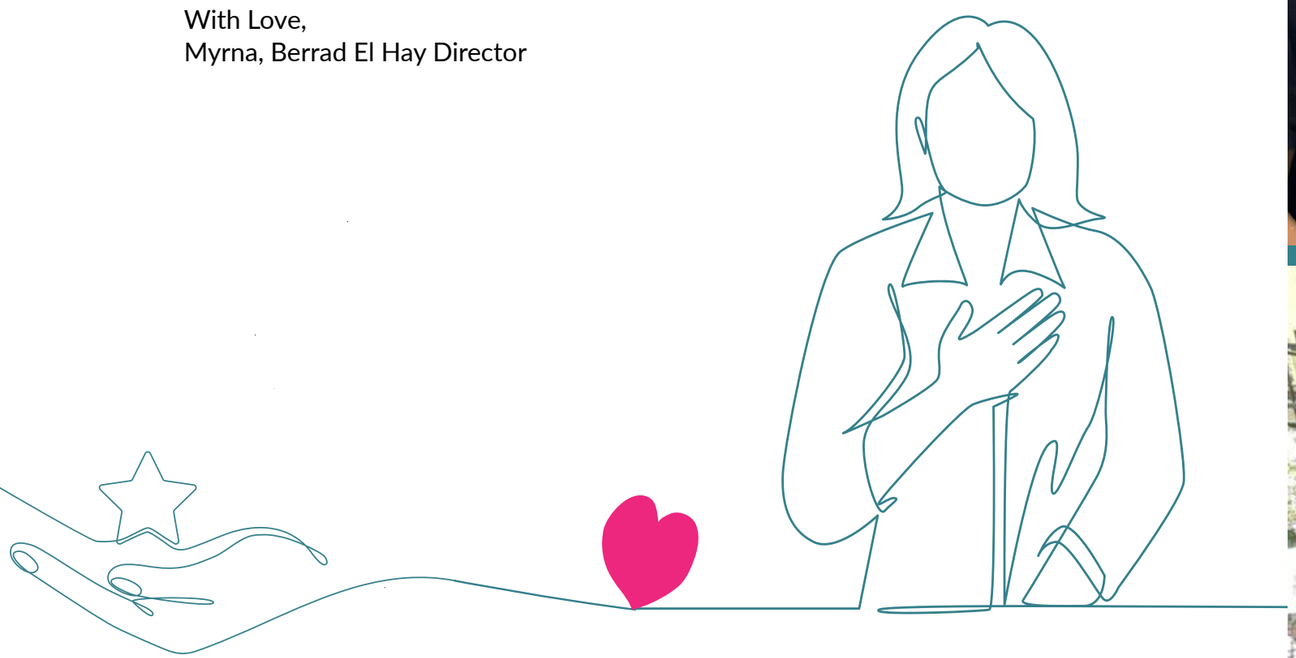
Dear Community,

We often wonder what phenomenon allows us to overcome the continuous crises in our bleeding country. Some refer to it as resilience, others as coping, while some see it as denial. In Berrad El Hay, we call it the secret of our united community.

Whether it's volunteering your time, sharing meals, or offering support, we have formed a collective force that can address local needs and make our community a better place for everyone.

> "Community is not just where you live; it's how you live together.

With Love,
Myrna, Berrad El Hay Director











Grateful For You



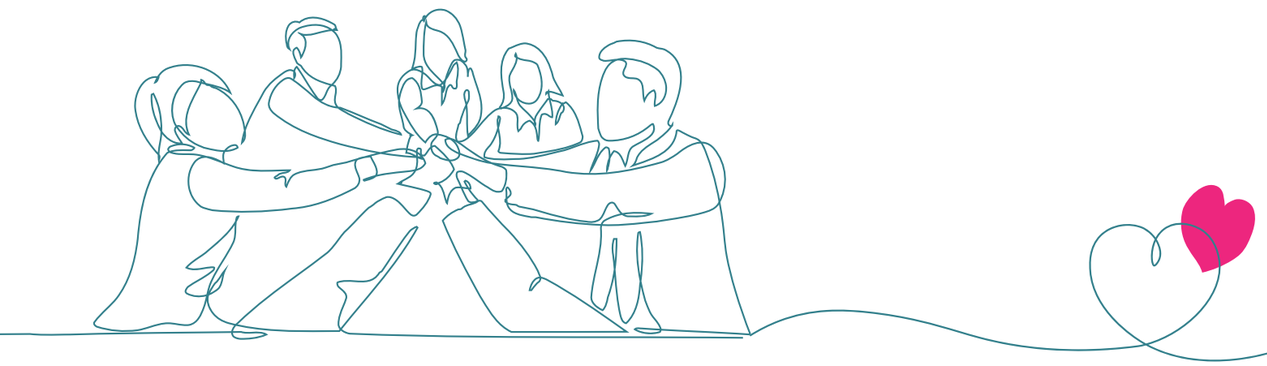
COMMUNITY ENGAGEMENT AND COLLABORATION

Our **Community Affair** would not be possible without the dedication and support of our group of cooks and bakers, our volunteers, and our network of partners all brought together by a deep sense of community service.

Our Super Cooks & Bakers

27,538 meals
In 2023, **25%** of the **daily hot meals** distributed to our beneficiaries were offered by our **Super Cooks**.

12,000 desserts
offered by our **Sweet Tuesday ladies**.





Our Volunteers

50 visits & over **360 hours**
of **volunteering in our kitchen** by schools, businesses, NGOs and other institutions.







Community Champions



Our Partners

Capacity Building

USAID FROM THE AMERICAN PEOPLE | fhi360 THE SCIENCE OF IMPROVING LIVES

Gouvernement Princier PRINCIPAUTÉ DE MONACO

Mental Health

International Rescue Committee | أم النور Oum el Nour | CDLL | :(: idraac | embrace

Education

Krystel El Adm FOUNDATION — INSPIRE. EMPOWER. EDUCATE.

Paradis d'Enfants

Opération Tartine du Matin

Social

KAFA ENOUGH VIOLENCE AND EXPLOITATION

St. Jean | St. Michael | Notre Dame

Household Needs

natgaz

Food

Spinneys

ACT Active Advocacy for Communities of Tomorrow







Partnerships Champions



TESTIMONIALS

From The Lives We've Touched

I am an 83-year-old man with no family or children to care for me. I come to Berrad El Hay to feel the warmth and love. Berrad El Hay is my family.

- Jean

I wanted to end my life but Berrad El Hay gave me the strength and courage to continue. They offered me a job and helped me regain my dignity.

- Richard

With the support of the social worker and the group sessions, I was able to rediscover my inner strengths and bounce back to regain control of my life.

- Marie

On Fridays I feel like everybody else. I can show off my lunchbox to my friends.

- Karim, Paradis D'Enfants school

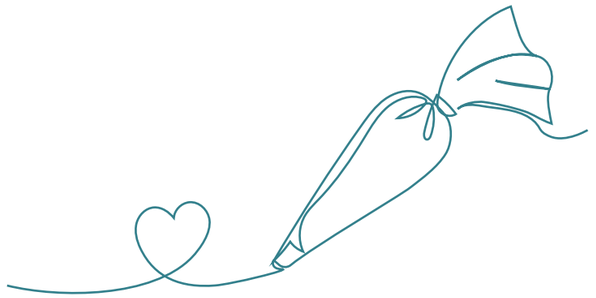
From Our Cooks & Bakers

I love cooking, and I love feeding, and it gives me full satisfaction to know that it is not just my children and family who are privileged to eat. Others are privileged to taste my food and I can channel my passion through Berrad El hay to them.

~ Carole Boulos

Berrad El Hay means a lot to me because there is collective gratitude amongst us all. Us bakers help and bake because it feels good. It feels good to know that our baking is making an impact on the community.

~ Carine Kai













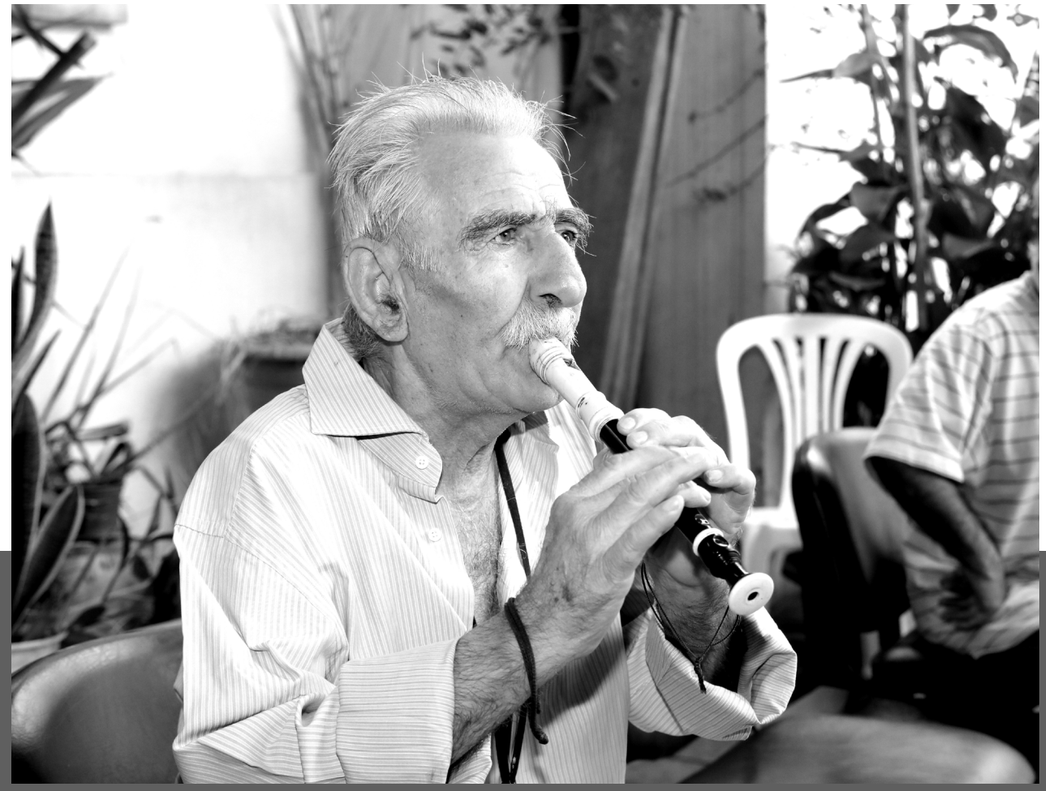

برّاد الحب
براد قلبو كبير
9 - 3PM



REMEMBERING 3AMMO ELIAS: THE MELODY OF BERRAD EL HAY

In the hearts of our community ♥, lived 3ammo Elias, a man whose love for music was as boundless as his spirit. Despite life's hardships, he filled the neighborhood with his soulful melodies, weaving tales of love and resilience through the strings of his flute.





But when illness dimmed his music, the streets grew silent, mourning the loss of his songs. Yet, 3ammo Elias' legacy endured, a testament to the power of his music and the indelible mark he left on the hearts of his community.

OVERALL 2023 IMPACT

520
Total **Beneficiaries** reached

54,517
Total Number of Meals Cooked by **Matbakh El Hay**

27,538
Total Number of Meals Cooked by our **Community of Super Cooks**

12,000
Total Number of Desserts baked by our **Sweet Tuesday Ladies**

24,036
Total Number of Meals distributed through the M**eals on Wheels program**

106,091
Total Number of **Cooked Meals distributed** over the year

30,400
Total Number of **School Lunchboxes**

874
Total Number of **Zaher Breakfast Boxes**

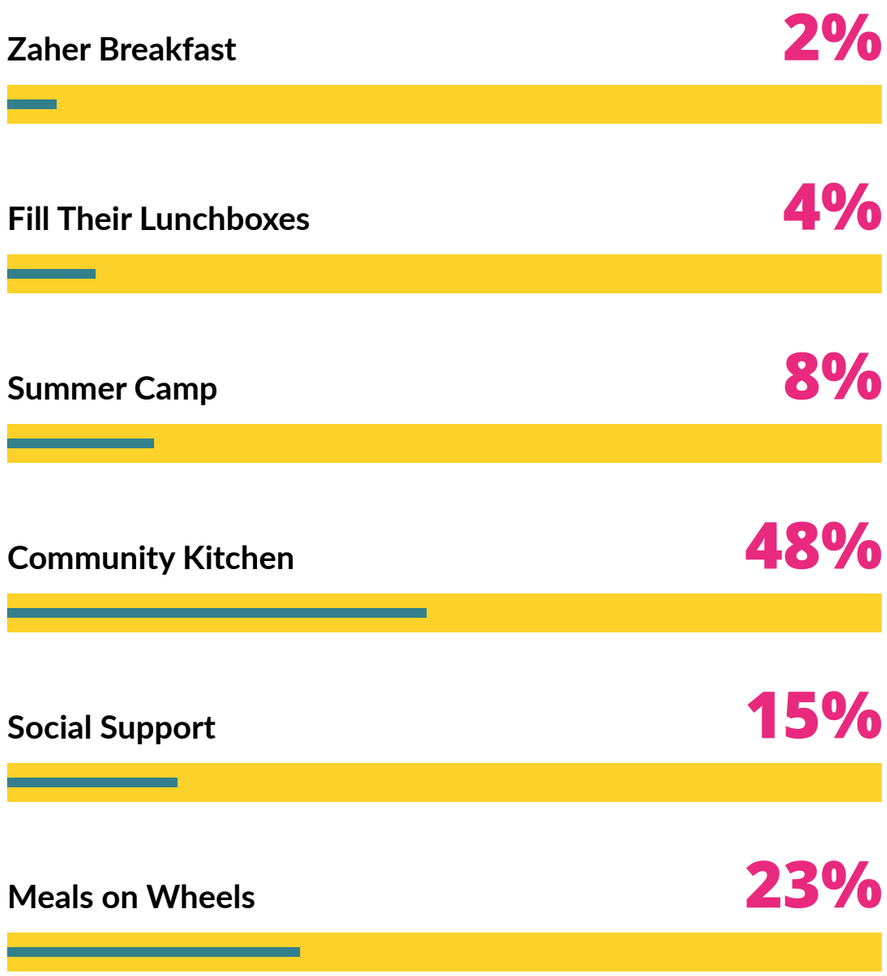
5,200
Total Number of **Unsold Products** channeled to our Fridges



FINANCIAL OVERVIEW

Donations by Program

100% *of **donations** go straight to our programs.*



Donations by Type



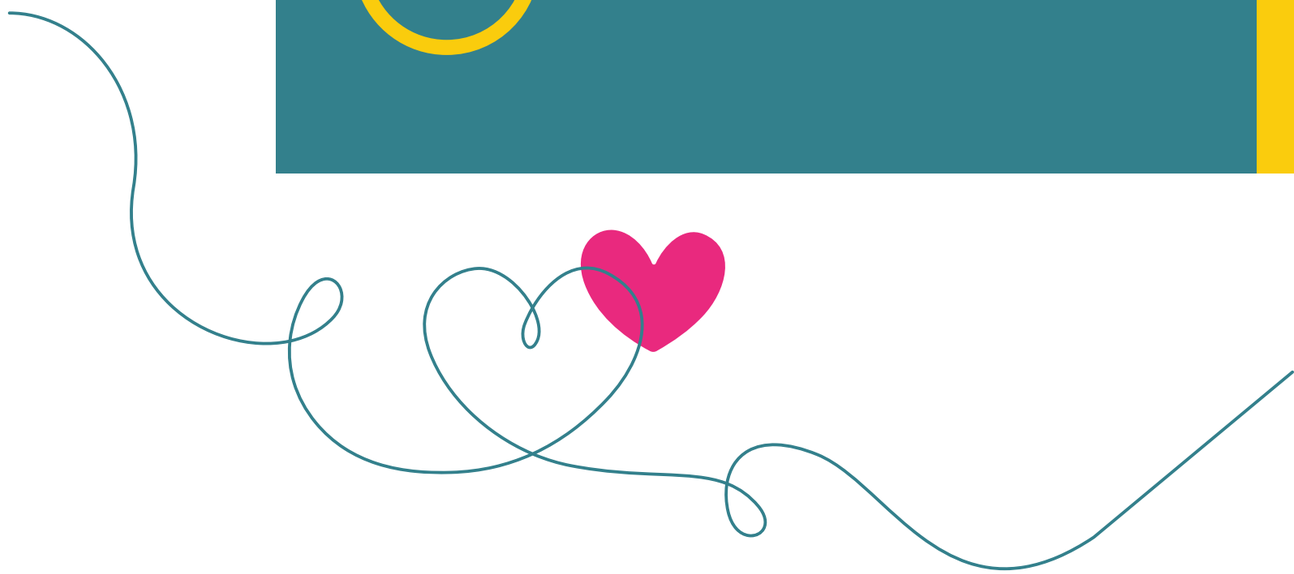
Meals Received from the Community



Cash Contribution Received



Value of “In Kind” Contribution Received



FUTURE OUTLOOK

As we look toward 2024, our dedication extends beyond enriching our community of cooks and bakers; we're also committed to incorporating the redirection of food waste, leftovers, unsold and close-to-expiry products into our fridges as a cornerstone of our mission. This initiative, alongside our efforts to engage schools in the battle against hunger, aims to inspire our youth to become champions of change, leading the way to a future where our community thrives without hunger.

Our heartfelt thanks and recognition go to every cook, baker, volunteer, donor, partner, and team member. You are the pillars of change! Your passion, participation, and collective spirit are the heartbeat of our achievements, propelling us toward a more sustainable and hunger-free future.



SHAPING TOMORROW, TOGETHER

As we conclude this year's journey through the pages of our **2023 Annual Report**, we reflect on **the collective achievements**, **community empowerment**, and **the enduring spirit of positive change that defines our mission**.

From the heart of our community, the bonds we've forged, the initiatives we've championed, and the impact we've made are testaments to what can be achieved when a community comes together with purpose and compassion.







BE PART OF OUR COMMUNITY AFFAIR

BERRAD EL HAY

St. John the Baptist Parish, Achrafieh
71-746 130

St. Michael Parish, Achrafieh
76-596 146

Notre Dame des Secours Parish, Haret Sakher
81-354 509

https://berradelhay.org/

info@Berradelhay.org

@berradelhay