2022
ANNUAL REPORT





Table of Contents

Introduction	6
Letter From The President	10
Our Programs	12
Our Partners	20
2022 Overall Impact	26
The Highlight Of 2022	28
Looking Ahead: 2023	32

INTRODUCTION



Berrad EL Hay is a network of community fridges located in three neighborhoods across Lebanon, two in Beirut and one in Jounieh, Kesserwan.

It is a movement that started from the **heart of our neighborhoods**, to address multiple societal challenges, including food waste, food insecurity, and social isolation, while promoting sustainability and community development.

Berrad El Hay is a community-based project where the people of the neighborhood from diverse backgrounds come together to support and uplift one another, creating a stronger sense of community cohesion.

Whether by cooking daily hot meals, baking desserts or volunteering at our community kitchen, Berrad EL Hay has brought the people of our neighborhoods **together**.

Our **Community of Cooks** contributes to
21%
of our **total meals distributed**

23,501
meals offered by our community of **Super Cooks**.

2,543
sweets donated by our community of bakers as part of our **Sweet Tuesday Program.**

Volunteering at our kitchen

More than **40** **visits** conducted by schools, associations, NGOs and other institutions.

More than **150** **individual vounteers**.

Berrad El Hay, Arabic for "The Neighborhoods Fridge", is a Lebanese nonprofit, non-governmental organization registered in Lebanon under decree number 1188.

Berrad EL Hay is a registered 501(c)(3) charitable organization in the US.

MISSION

We mobilize the different actors in our community and build sustainable neighborhood solidarity and safety nets for individuals and families living on the brink, to protect them from poverty and ensure their most basic needs are met to live with dignity.

VISION

We strive for strong neighborhood solidarity where people come together to empower the most vulnerable to become active members of their communities.



VALUES

Solidarity
all for one and one for all

Stronger together, we build the future of the neighborhood.

Respect

There is no communication without respect. We welcome and accept everyone for who they are.

Humility

With humility comes honesty that builds trust and stimulates leadership.

Non-discrimination

The neighborhood knows no discrimination. We are all equal without differentiation on any ground.

Integrity

Integrity is having strong morals with everyone.

HOW WE APPROACH **NEIGHBORHOOD SOLIDARITY**

MEETING NEW BENEFICIARIES

Beneficiary
Berrad El Hay Team

ASSESSING THEIR NEEDS

Psycho-Social Assessment

ENROLLING THEM IN OUR PROGRAMS

Berrad El Hay Beneficiary
Hearty Meals

Community Fridge
Community Kitchen
Meals on Wheels distributed by NGO partners
Zaher Breakfast
Fill Their Lunchboxes
Summer Camp

Volunteers
Cooks
NGOs
Donors
Berrad El Hay Team

BUILDING SAFETY NETS THROUGH PARTNERSHIPS

Psycho-Social Support

Educational Partners
Health Partners
Berrad El Hay Social Workers
Wellbeing Partners
Lebanese University, Faculty of Puplic Health

CHERISHING PERSONAL INDEPENDENCE

LETTER FROM THE PRESIDENT



As I reflect on 2022, I am both encouraged and humbled by the impact that Berrad EL Hay along with our donors and partners achieved in our shared mission to end hunger, fight poverty and inequity as well as reduce food waste.

This year was not without its challenges. From a free-falling economy to a daily devaluation of the lira, to the surge of gasoline and fuel prices, to the endless war in Ukraine and its impact on food supply and prices, we at Berrad EL Hay have turned these adversities into IMPACT.

Throughout 2022 we impacted the daily lives of the people we serve in our neighborhoods and have spared no efforts to nurture our set of programs and develop new ones to cater for their increasing needs and help them grow their potentials. The highlights of 2022 have been undoubtfully the successful launch of our two new programs focused on the needs of our children: Fill their Lunch Boxes and our First Neighborhood Summer Camp.

Another highlight of the past year has been the internal restructuring of our systems and procedures to equip our organization with the tools it needs to compete and navigate while meeting our standards of serving our neighborhoods with no less than Excellence.

While we are committed to keeping our NGO boutique in size, we thrive to increase our impact and improve what we do and how we do it every day. Our first and foremost goal is to assist our beneficiaries to live with dignity and become active members of our communities.

The driving force behind Berrad El Hay is the amazing growing community of cooks and bakers we so lovingly call our Super Cooks! They constitute the backbone of our structure and contribute to 3/1 of our daily hot meal's distribution.

The success of our programs on the ground represents a future of what's possible.

Hunger and poverty are not problems of one country. They are global issues that affect us all. If we work together as one united community, we can change course.

As we look ahead of 2023, we are more than ever convinced to invest time and resources in community led models to shift mindsets of resignation to those of possibilities. Together we can create safer, stronger, and more resilient neighborhoods!

To a community that has overwhelmed us with love and support we are forever grateful and deeply thankful. 💛

All my love,
Nayla

OUR PROGRAMS



Community Fridge
برّاد الحي

Is Your Heart as Big as Our Fridge?

Thanks to the commitment and generosity of our neighborhood cooks and the dedication of our team, **13,000 nourishing meals are distributed monthly** to beneficiaries through our **3 neighborhood fridges**.

- St. John the Baptist Parish, Achrafieh
- St. Michael Parish, Achrafieh
- Notre Dame des Secours Parish, Haret Sakher

Zaher Breakfast
تروّيقة زهر

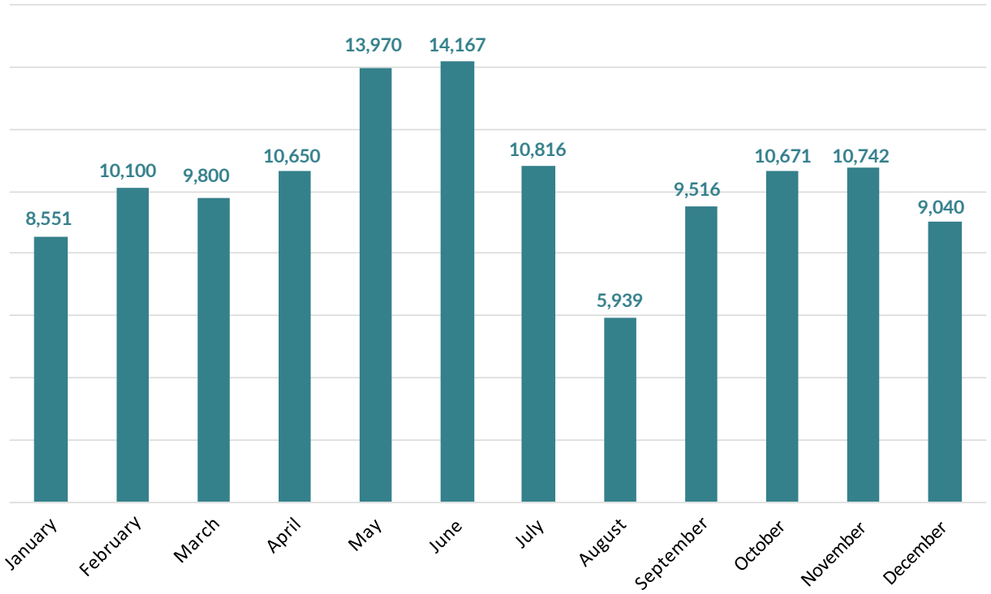
A varied and balanced diet is essential to promote the sustenance and health of our beneficiaries and their children. On a monthly basis, families enjoy a **breakfast box** filled with milk, laban, labneh, bread, jam, eggs, and cereals.

St. Michael Parish, Achrafieh	Zaher Breakfast Boxes Distributed **500**
St. John the Baptist Parish, Achrafieh	Zaher Breakfast Boxes Distributed **520**
Notre Dame des Secours Parish, Haret Sakher	Zaher Breakfast Boxes Distributed **266**

Community Kitchen
مطبخ الحي

Fighting Hunger Is a Community Effort!

At the heart of our mission is our Community Kitchen Matbakh El Hay. Every day **500 meals are prepared** with love and dedication by our talented chef and his team. This is a place where we all come together to help prepare, share meals and connect with one another. Our community kitchen fosters a sense of togetherness and community engagement.



Meals on Wheels
من حي لحي

Feeding Our Communities One Neighborhood at a Time.

Since we cannot have a fridge in every neighborhood, we partner with trusted parishes and NGOs to reach a maximal number of households in need of food.

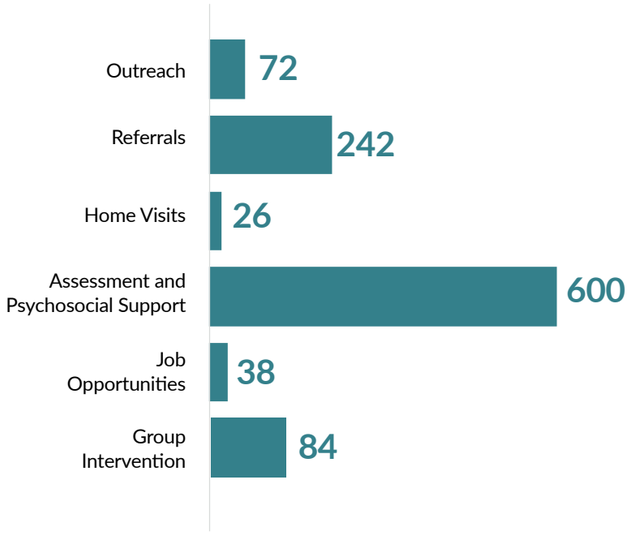
Hot meals
41,906 distributed to distant **neighborhoods** in 2022.





Social Support
دار الحي

Our team of social workers assesses **the individual needs of our beneficiaries** to support them overcome their challenges and nurture their personal capacities and skills. Via our network of specialized partners, we assist them with **psycho-social, health, and education services and empower them to regain self-respect and independence**.



Fill Their Lunchboxes
زوادة ولادنا

Launched in September 2022 with the support of Maman Chocolat, this initiative consists of distributing **weekly healthy and hearty school lunchboxes** to vulnerable children in our neighborhoods.

Lunchboxes	Schools	Children
12,000	3	750+










برّاد الحي


CHICKEN EGGS
Terwi2et zaher








TRALIA



OUR PARTNERS



Growing partnerships with local and international NGO's.

We work side by side with our main partners to treat the root causes of the problems and together find solutions to alleviate the burden on our families, grow their potential and offer them long term solutions.

EDUCATION

Krystel el Adm Foundation

Education is often referred to as the great equaliser, it can open doors to jobs, resources and skills that can help people thrive and put them out of poverty. Together with KEAF we ensure our children are set up for success.

Children	Schools	
51	20	were supported with a total amount of **LBP 160,000,000**.

Schools are located across different areas in Lebanon, specifically in Haret Sakher, Ghadir, Adma, Harissa, Daroun, Zouk Mikael, Ain el Rihaneh, Sarba, Jounieh, Sin el Fil, Mar Mikhael, Ashrafieh, Bourj Hammoud, Ramlet el Bayda, Dekweneh, Daoura, Jemmayze & Ain najem.

Maman Chocolat by Jihane

Our ambassador, a true believer in our cause Maman Chocolat, was revolted by the alarming and sad reality of the increasing number of Lebanese children reported going to school with an empty lunchbox. She joined efforts with us to raise awareness, and rally people to our cause to fight this sad reality and fill children's lunchboxes.

Lunchboxes	Schools	Children
12,000	3	750+

EXCHANGE OF SERVICES

Meals on Wheels

Our system is based on exchanging meals for services from our partners to ensure our families needs are met in health, medical, child protection and referrals.

Hot meals
41,906
distributed to **far neighbourhoods** in return for services from our partners.

MENTAL HEALTH AND WELLBEING

KAFA

Our collaboration with KAFA is crucial for addressing the complex and multifaceted needs of our families. By bringing together different stakeholders and expertise, our sustained efforts can lead to a more comprehensive approach ensuring individuals receive the necessary care and community support.

St. Michael Parish, Achrafieh	# of sessions **20**
St. John the Baptist Parish, Achrafieh	# of sessions **34**
Notre Dame des Secours Parish, Haret Sakher	# of sessions **20**

FIGHTING FOOD WASTE

Spinneys

Our initial mission was and will always be fighting Food waste. We enacted with Spinneys a “Charity Drop” where Unsold items are donated to Berrad EL Hay every day with the support of Toters delivery services.

PUBLIC HEALTH

Lebanese University, Faculty of Public Health Medical and Social Work Department

We are so proud of our continuous collaboration with the Lebanese University, Faculty of Public Health, Medical and Social Work Department. We have joined forces to transform Berrad EL Hay grounds into an experimental workshop that is focused on innovation, learning, and continuous improvement. Together with students and interns we think, experience new ideas, and engage with our communities to foster a culture of change.

Interns
10
in case **management, family, group and community social interventions.**

Students
17
completed **theoretical and practical training** to become **monitors for educational and recreational activities for children.**

Trained Students
10
participated in **Berrad El Hay’s first Children Neighborhood Summer Camp.**

Our 2022 Partners Network

Health

CSA Centre Saint Antoine

Caritas Lebanon

arcenciel.org engage in development

CPMJ CENTRE DE PROTECTION MATERNELLE ET INFANTILE Fille de la Charité - Karm el Zeintoun

Jinishian Memorial Foundation JMF

ST. MARC MEDICAL & DIAGNOSTIC CENTER

Croix Rouge Libanaise

Mental Health

International Rescue Committee

CJLL Together Towards Recovery

Village Al Najat pour la protection et le traitement des enfants

embrace

Education

Krystel El Adm Foundation. INSPIRE. EMPOWER. EDUCATE.

الجامعة اللبنانية كلية الصحة العامة

Paradis d'Enfants

Opération Tartine du Matin

Social

Dar Al Amal دار الأمل established in 1969

KAFA Enough Violence and Exploitation

Lebanese Food Bank

MAKTABA

St. Jean

St. Michael

Notre Dame

Food

ACT Active Advocacy for Communities of Tomorrow

toters

Spinneys

Housing

Min Beib La Beib

natgaz













2022 OVERALL IMPACT



1,152

Total **Beneficiaries** Reached

	Families	Individuals
St. Michael Parish, Achrafieh	**142**	**72**
St. John the Baptist Parish, Achrafieh	**274**	**270**
Notre Dame des Secours Parish, Haret Sakher	**330**	**64**

82,056

Total Number of **Cooked Meals**

12,000

Total Number of **School Lunchboxes**

41,096

Total Number of **Meals on Wheels**

1,286

Total Number of **Zaher Breakfast Boxes**

1,800

Total Number of **Social Interventions**

THE HIGHLIGHT OF 2022



First Neighborhood Summer Camp

August 2022

Laure Moughayzel school, Achrafieh

With the support of our partner **KEAF** and the **Naggear family**, we enrolled **100** children from across our neighborhoods in a 2 weeks educational and recreational summer camp with the main objectives to:

- Develop social skills and friendships
- Experience great outdoors and connect with the nature
- Reduce stress situation and conflict at home
- Experience a positive adult role model
- Have access to healthy meals
- Give teenagers a sense of community and volunteering
- Reduce screen time and increase physical activities

Monitors **20**

Volunteers **10**





Fill Their Lunchboxes

Missing meals is a stark, daily reality for many low-income families in Lebanon. Some children come to school with little food, empty bread or an empty lunch box. Together with an influential figure of our community, Maman Chocolat, **we launched Fill Their Lunchboxes initiative**.

Donations
$30,000

raised through our **collaboration and a social media campaign.**

Lunchboxes
12,000

distributed to **local schools in our neighborhoods** from September till December 2022.

















LOOKING AHEAD: 2023



OUR FOCUS

We put **women** and **children** in the center because we know that we cannot overcome poverty until the most vulnerable members of our society have equal access to food, safety and opportunities.

We work hard every day to ensure that every woman, child, and adolescent can access **the essential, quality, affordable health and psychological care** they need to survive and thrive.

Grow Our School Program

The access to **food** and **nutrition** is a basic right to all.
Through this program we will make sure to provide adequate and nutritious meals and promote the health and well being of our children.



Our Community Kitchen: A Workplace For All

Our mission is to promote equal opportunities for housewives by empowering them with the means to learn new skills, access job opportunities, and secure a decent livelihood. Through our community kitchen, we aim to enable them to serve their communities while also receiving support in return.

By repurposing our community kitchen, we seek to create a vibrant work setting.












PEACE
LOVE
MUSIC


Maman
Chocolat






MATBAKH
الحي



BERRAD EL HAY

St. John the Baptist Parish, Achrafieh
71-746 130

St. Michael Parish, Achrafieh
76-596 146

Notre Dame des Secours Parish, Haret Sakher
81-354 509

https://berradelhay.org/

info@Berradelhay.org

@berradelhay